

Coach's Office Wing-T Examples

Introduction

The Wing-T formations, plays, and descriptions are for examples only and not intended to teach you how to coach using the Wing-T offense. We want to provide you with these **free, pre-drawn** chalkboard formations and plays and sample playbook to help you get started more quickly in Coach's Office.

Chalkboard

We've put together some basic Wing-T examples for you, our Coach's Office coaches, to use as starting points for drawing your own formations and plays in the chalkboard program.

Playbook

Next, we created a sample playbook, using the formations and plays we drew in the chalkboard. The playbook also serves as a view/print example of all the chalkboard formations and plays.

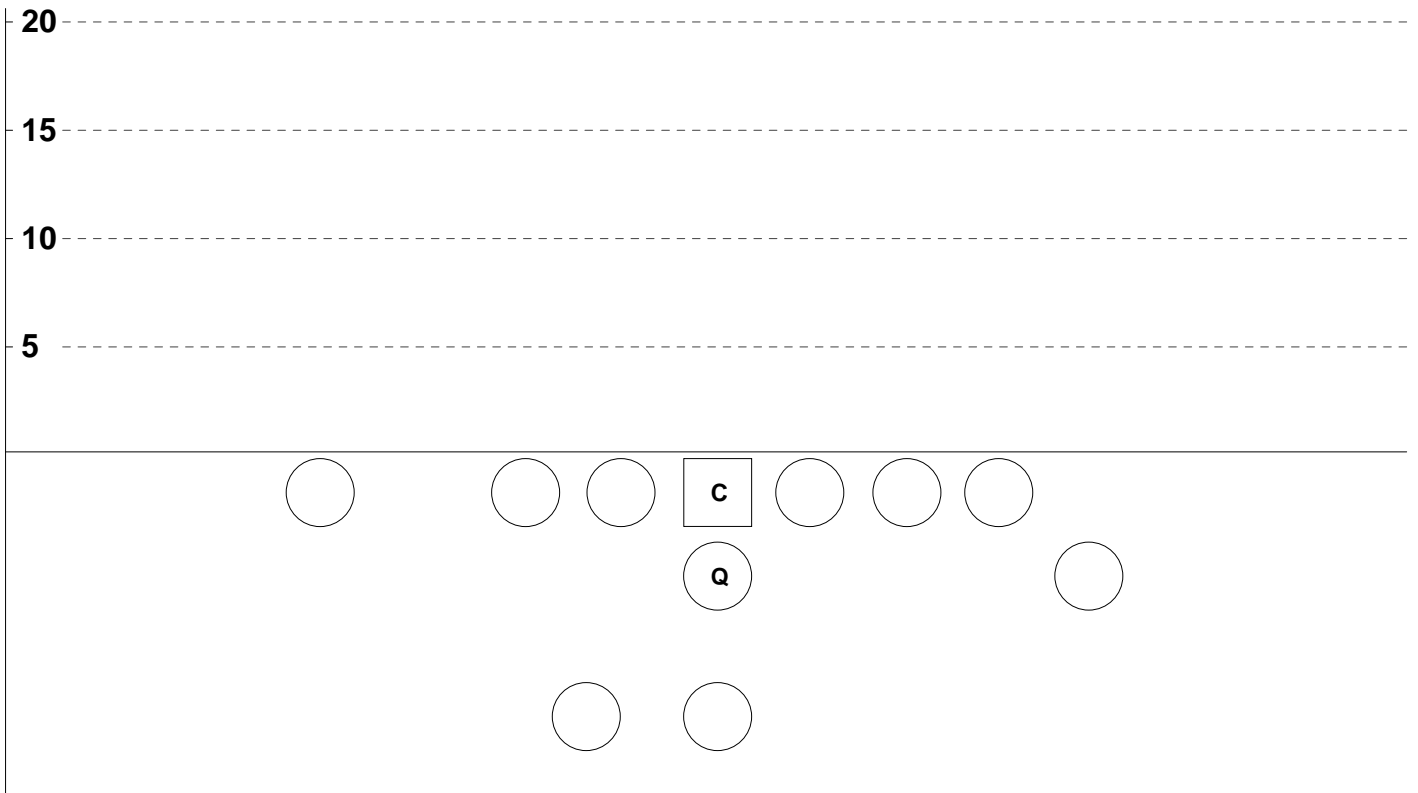
- We chose a variety of page layouts so you could see how they look
- Included some tables for the player assignments
- Added text over a couple of the play boxes
- Put a defense against one of the offenses (Waggle).

Custom Edits

Coaches that use the Wing-T tell us that there are many variations. You'll want to make edits to customize the formations and plays for your players.

Formation 1

_Wing-T Formation 1

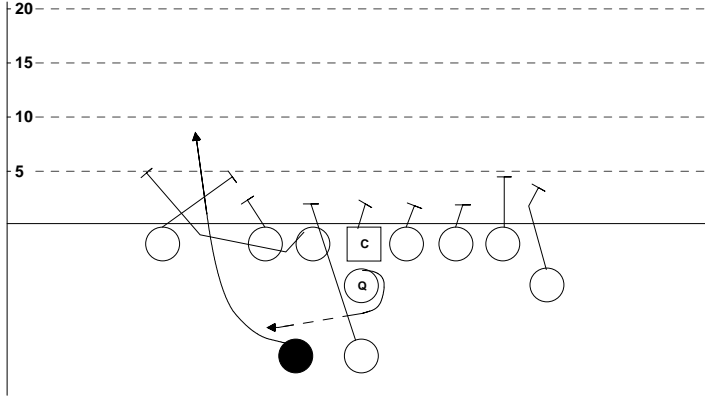


The next page has the wing right and left, including the QB waggle with text box descriptions over the play. You might try these plays with your **7-9-year old players**.

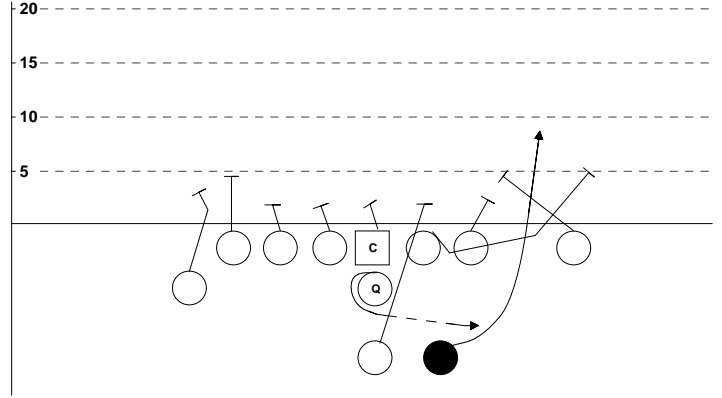
The second page in this chapter has the Belly, Veer, Buck Sweep, Trap. Consider these plays for your **older players, 9-12**.

Ages 7-9

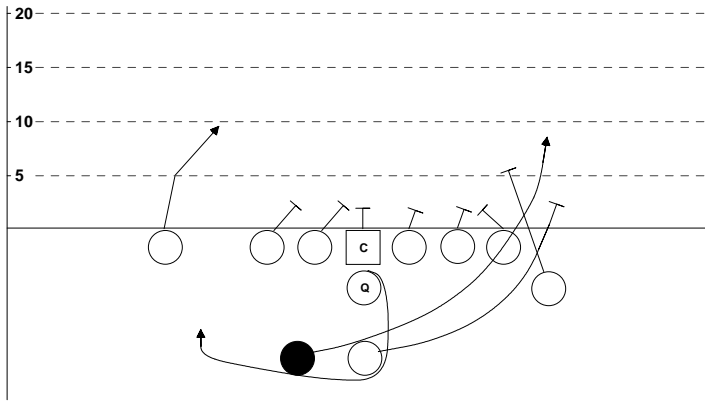
Wing Right 27 Pitch



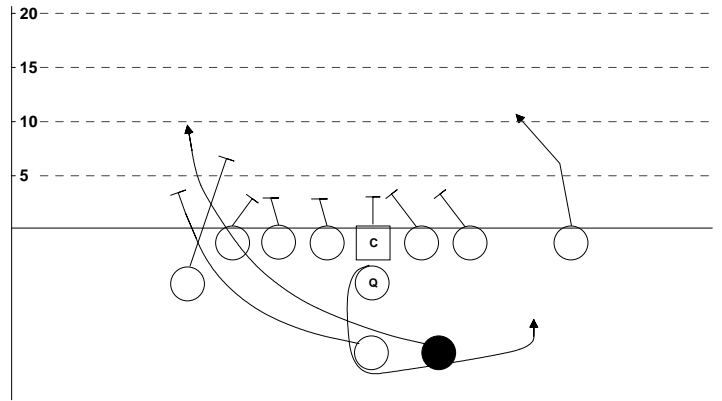
Wing Left 28 Pitch



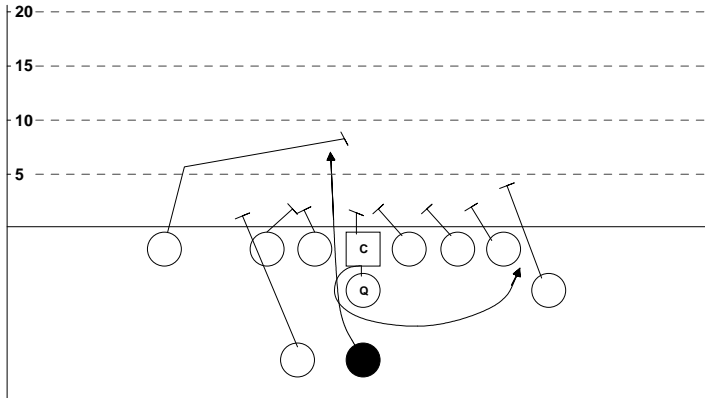
Wing Right 28 Power



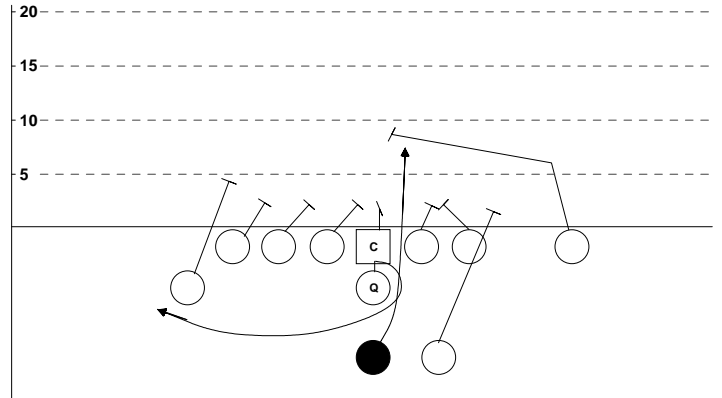
Wing Left 28 Power



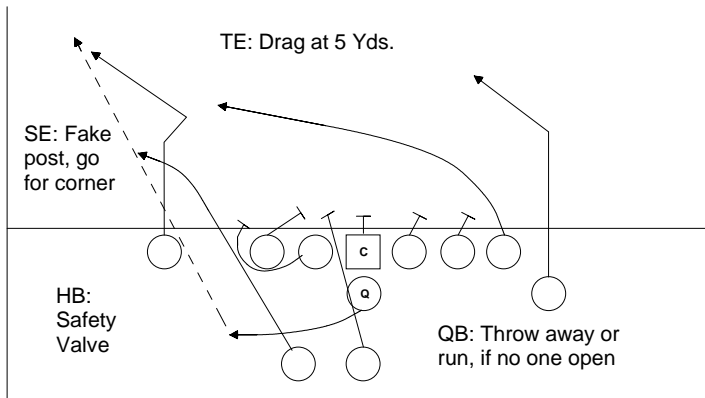
Wing Right 31 Dive



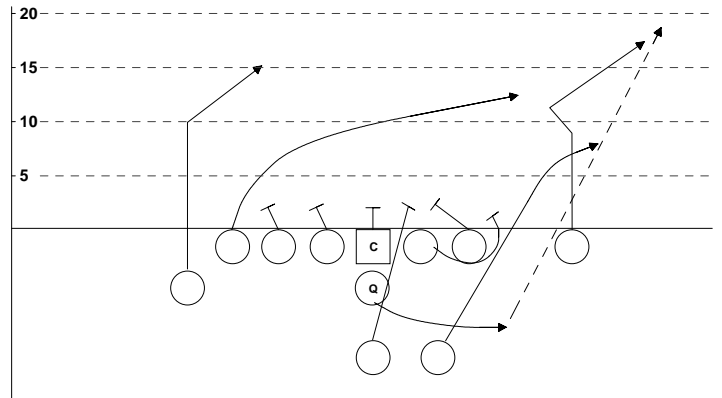
Wing Left 32 Dive



Wing Right QB Waggle

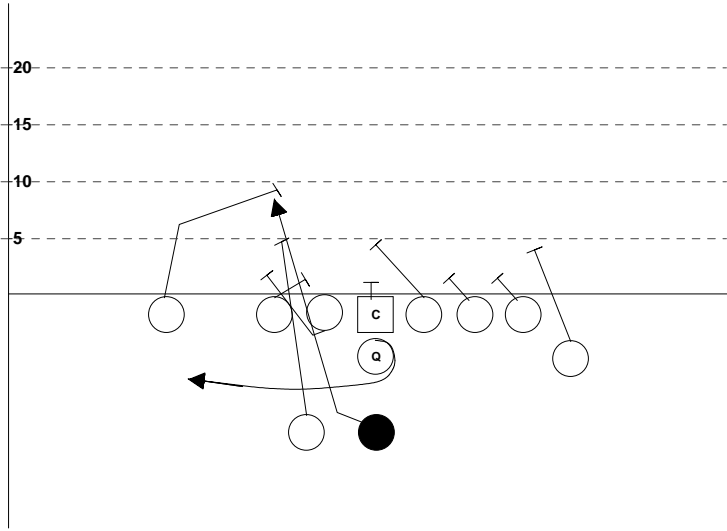


Wing Left QB Waggle

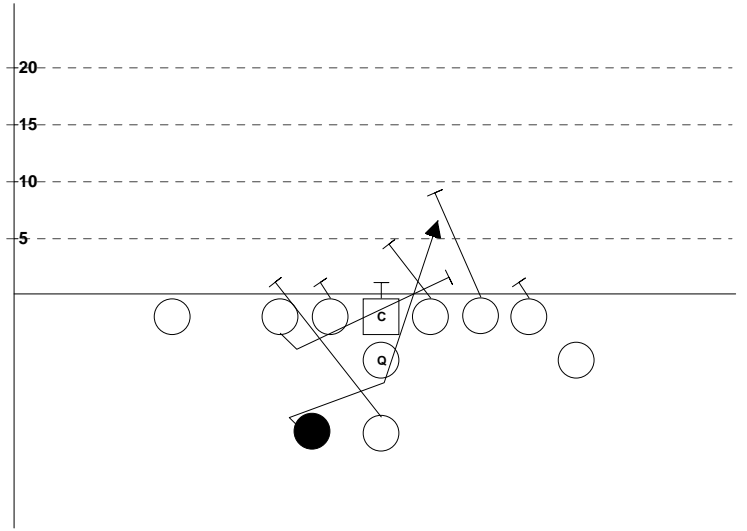


Ages 9-12

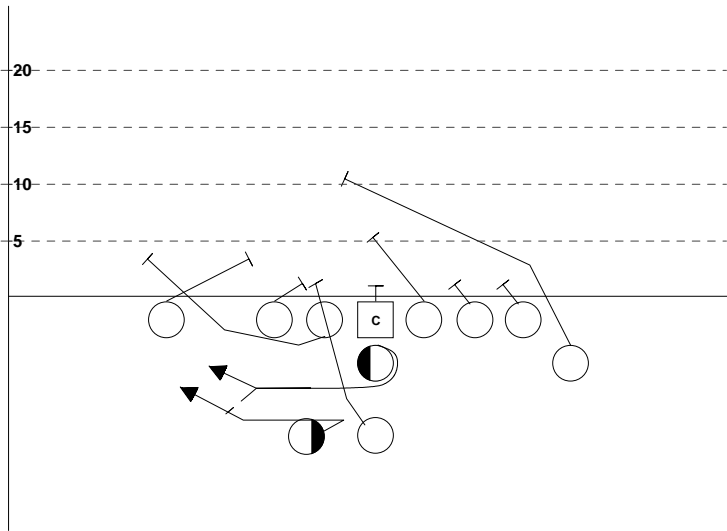
Fullback Belly



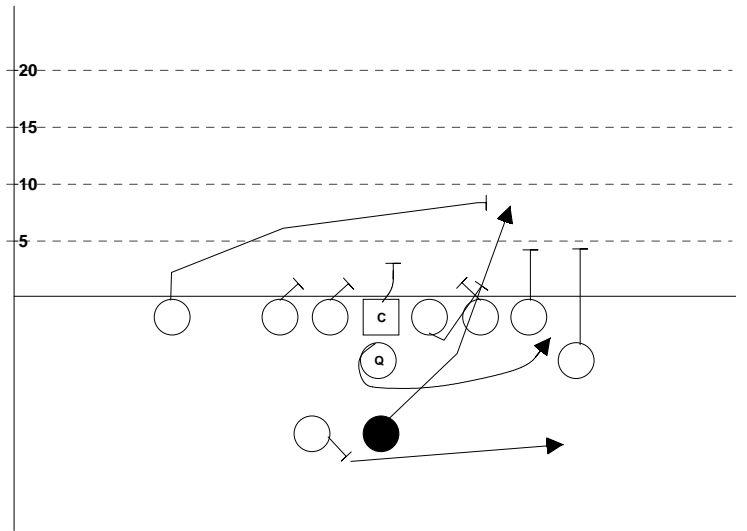
Belly Counter



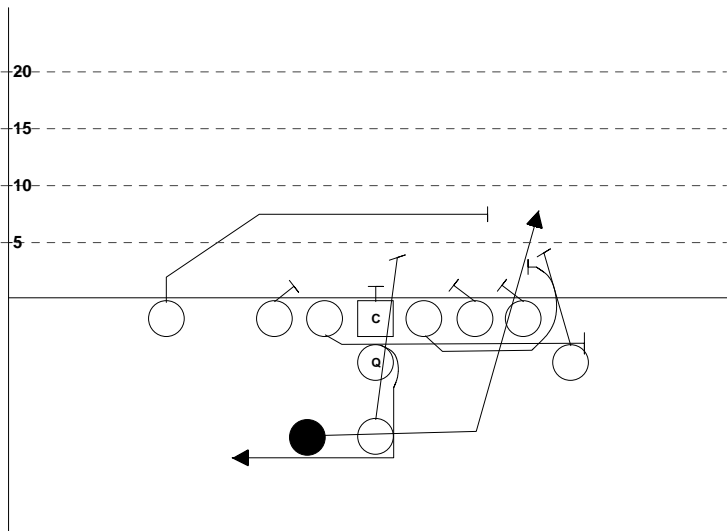
Belly Option



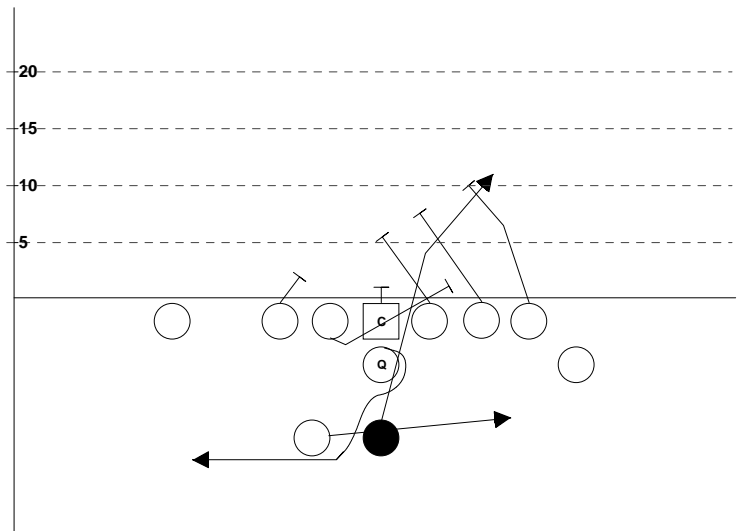
Veer



Buck Sweep

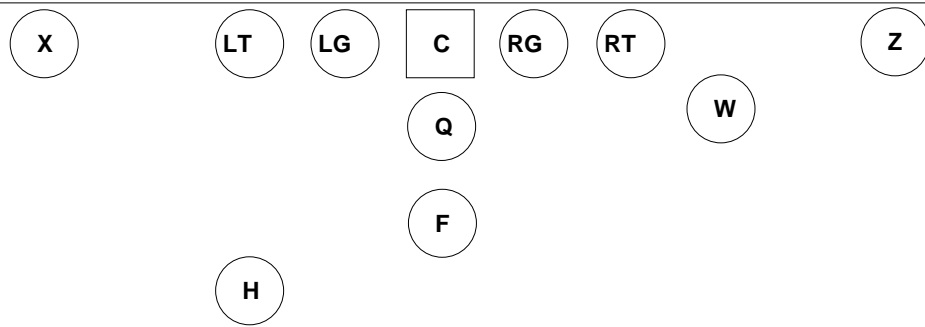


Trap



Formation 2 & Variation for Waggle

_Wing-T Formation 2

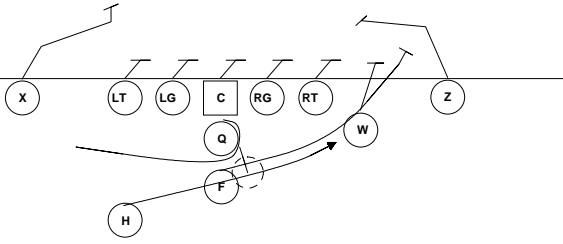


The next two pages show examples of how you can add the route assignment descriptions in a table under the play.

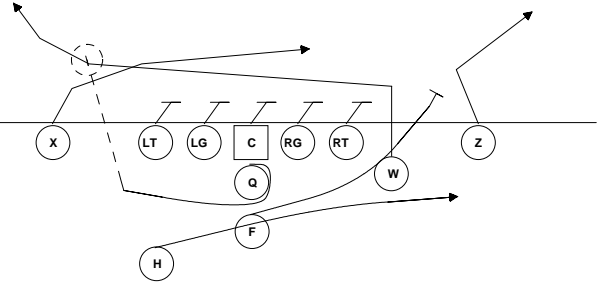
The last page in this chapter is dedicated to a **Basic Waggle** example, including three routes and the sample play execution. The Sweep route has the defense added to show the possible player movement against the play. (These routes are modified from formation 2.)

Pitch, Fake, Reverse, More

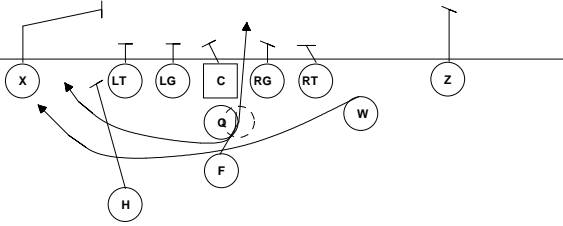
38 Pitch



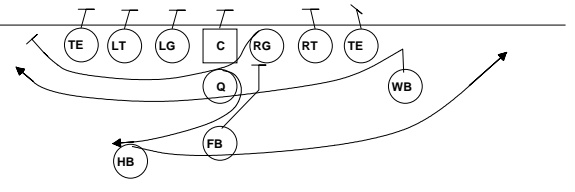
Fake 38 Pitch 19 Boot



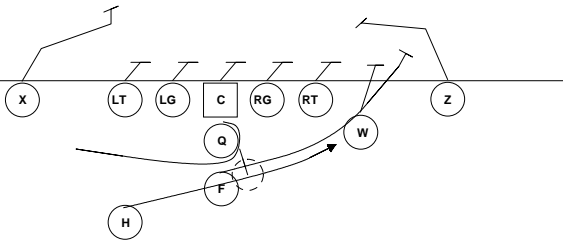
22 Reverse Option



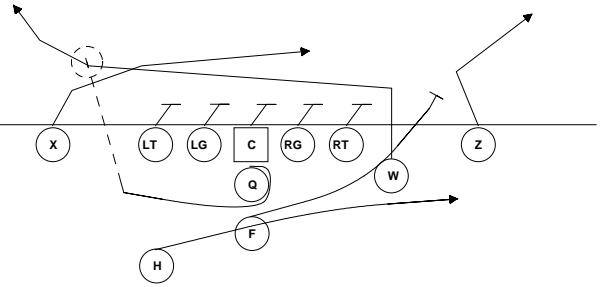
47 Reverse



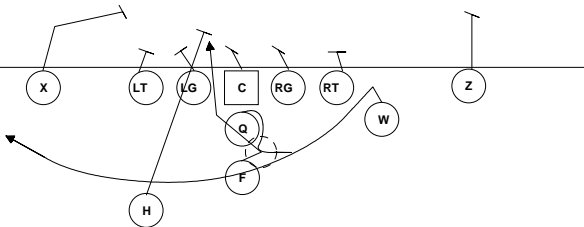
38 Pitch



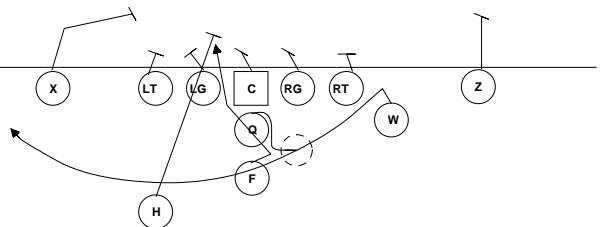
Fake 38 Pitch 19 Boot



21 Power

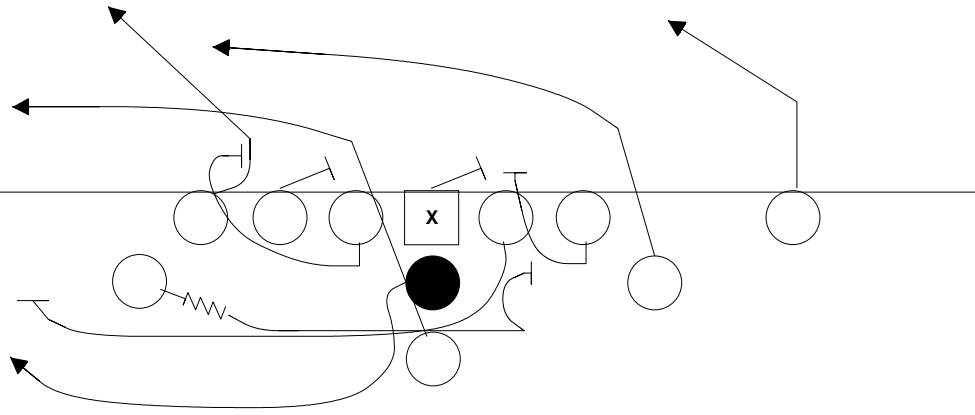


49 Power Reverse

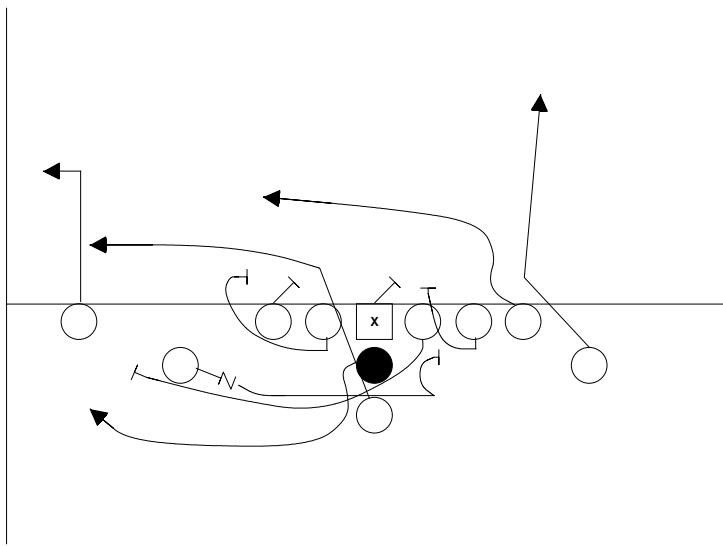


Basic Waggle

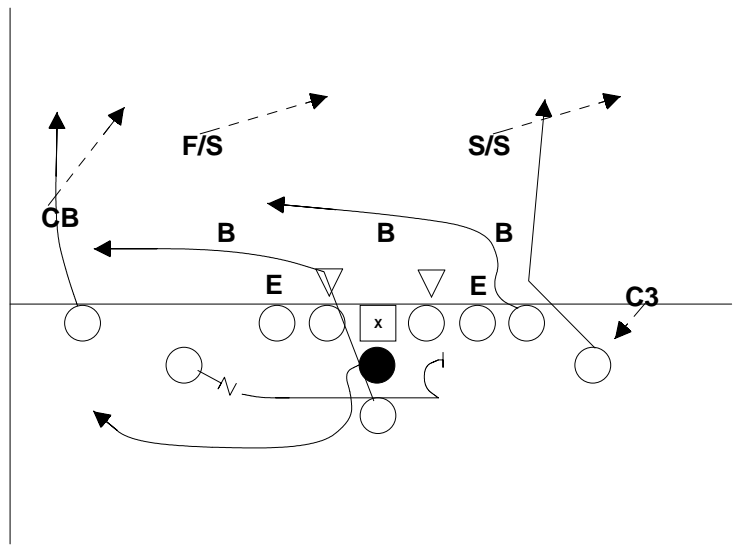
Waggle - Tight End Side



Waggle - Split End Side Fr->Against Sweep Cov->Against Sweep



Waggle - Sweep Fr->Against Sweep Cov->Against Sweep



(Sample description below)

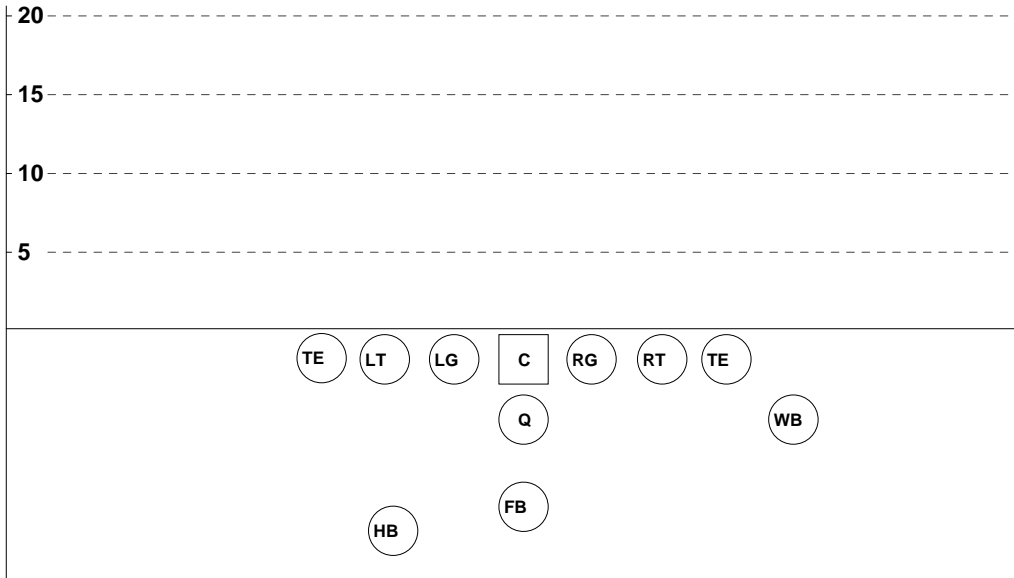
Basic Waggle for Receivers

The basic Waggle routes for the receivers cover the entire field and try to create conflicts for the defending secondary. Run the Waggle to either flank, tight end side, or the split end side. The end runs a deep outside route, the fullback will attack the flat, and there will be a crossing pattern that comes from the back side.

These routes put the defense in coverage conflicts, especially if the defense is flowing with the action of the Sweep. The defense - front and coverage - is added to show the potential movement.

Formation 3

Wing-T Formation 3



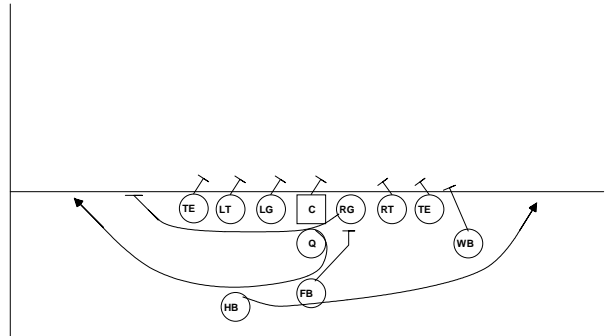
(Sample Instructions below)

Each back must carry out all fakes.

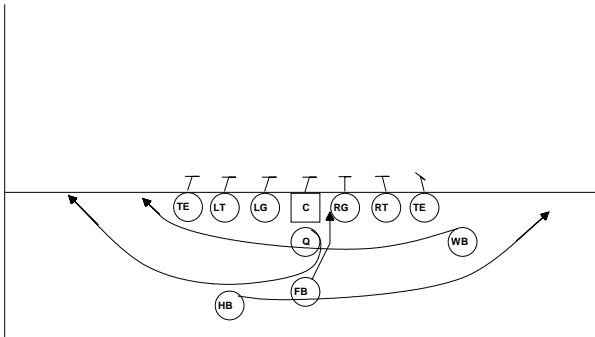
Put your most athletic lineman and best blocker at the right guard.

You will need to build a slight delay or fake, starting with the halfback, to get the proper timing.

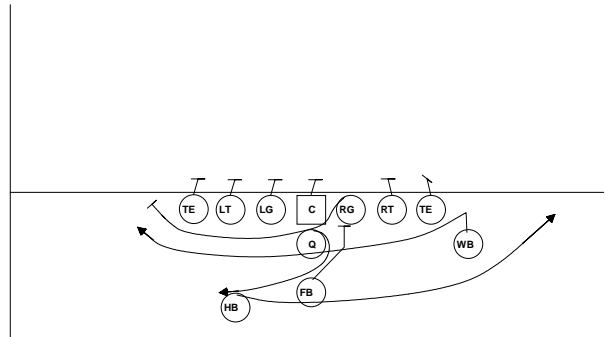
17 Boot



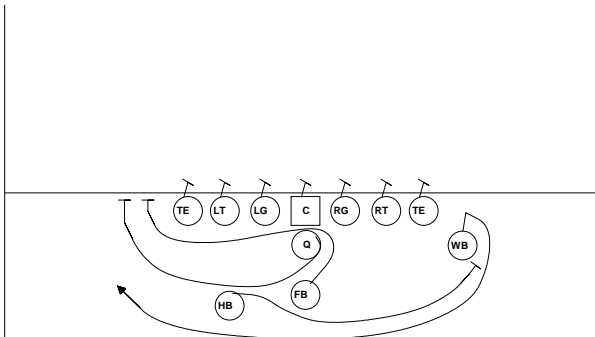
32 Dive



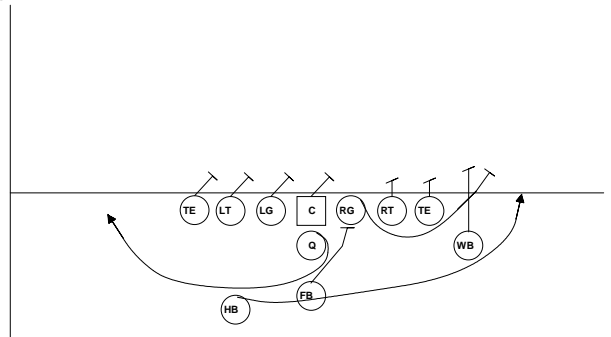
47 Reverse



Double Reverse



28 Sweep



2-Column Triple Wristband

Play #	Play	Play#	Play
1.		11.	
2.		12.	
3.		13.	
4.		14.	
5.		15.	
6.		16.	
7.		17.	
8.		18.	
9.		19.	
10.		20.	

Play#	Play	Play#	Play
21.		31.	
22.		32.	
23.		33.	
24.		34.	
25.		35.	
26.		36.	
27.		37.	
28.		38.	
29.		39.	
30.		40.	

Play#	Play	Play#	Play
41.		51.	
42.		52.	
43.		53.	
44.		54.	
45.		55.	
46.		56.	
47.		57.	
48.		58.	
49.		59.	
50.		60.	

2-Column Triple Mini Wristband

Play#	Play	Play#	Play
1.		11.	
2.		12.	
3.		13.	
4.		14.	
5.		15.	
6.		16.	
7.		17.	
8.		18.	
9.		19.	
10.		20.	

Play#	Play	Play#	Play
21.		31.	
22.		32.	
23.		33.	
24.		34.	
25.		35.	
26.		36.	
27.		37.	
28.		38.	
29.		39.	
30.		40.	

Play#	Play	Play#	Play
41.		51.	
42.		52.	
43.		53.	
44.		54.	
45.		55.	
46.		56.	
47.		57.	
48.		58.	
49.		59.	
50.		60.	

1-Column 5" Wristband

Play #	Play
1.	
2.	
3.	
4.	
5.	
6.	
7.	